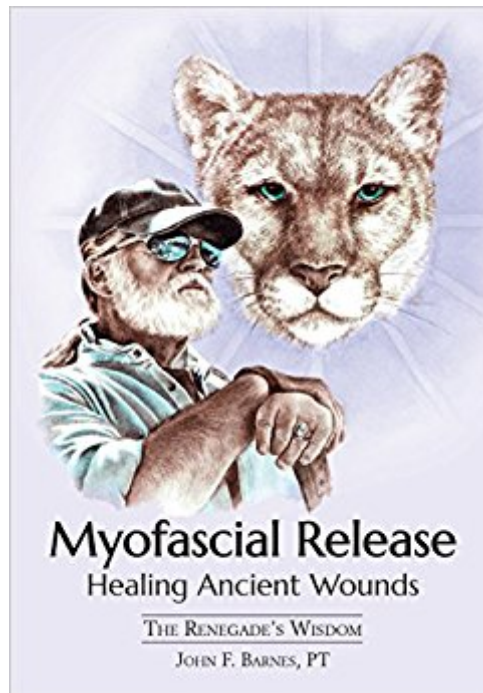




Ebook Directory
the best source of ebook

The book was found

Myofascial Release, Healing Ancient Wounds: The Renegade's Wisdom



Synopsis

John F. Barnes, PT, LMT, NCTMB, world renowned therapist, author, visionary, and authority on Myofascial Release, weaves a fascinating story, taking you into his highly charged and intriguing world of authentic healing. ã ã Considered to be one of the most impressively talented therapists of our time, his mastery of Myofascial Release, teaching, and healing are beyond comprehension. ã ã This enjoyable and important book, *Myofascial Release, Healing Ancient Wounds: The Renegade's Wisdom* explores the intricacies of intuitive awareness and discusses how you can reduce pain, headaches, fibromyalgia, and increase range of motion through the Myofascial Release Approach. ã ã John F. Barnes, PT, LMT, NCTMB, is a therapeutic 'icon' considered to be a therapist and teacher of the highest caliber. He has been teaching Myofascial Release seminars for over 40 years and has trained over 100,000 therapists. ã ã John was named one of the most influential persons in the therapeutic profession in the last century, in the national *Massage Magazine's* featured article "Stars of the Century". ã ã John was also the featured speaker presenting his Myofascial Release Approach at the American Back Society's symposiums for over twenty-five years. This is a group of leading orthopedic surgeons, neurosurgeons, physicians and therapists from around the world looking for leading edge techniques. The theme was the most important advances in healthcare this century. ã ã This important book is about your empowerment as a therapist, as a patient, and as a human being. John offers you a glimpse into a new and expanded view of pain and a path to a calm, tranquil and clearer way of being in your world. ã ã The goal of Myofascial Release is to return you to a pain-free, active lifestyle.

Book Information

Hardcover: 355 pages

Publisher: MFR Treatment Centers & Seminars; 2nd Edition edition (March 28, 2017)

Language: English

ISBN-10: 0998100900

ISBN-13: 978-0998100906

Package Dimensions: 10.2 x 7.3 x 1 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #354,852 in Books (See Top 100 in Books) #45 in ã ã Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Pain #78 in ã ã Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia #252

Customer Reviews

John F. Barnes, PT, is world-renowned therapist, author, visionary, and authority on Myofascial Release. Considered to be one of the most impressively talented therapists of our time, his mastery of Myofascial Release, teaching and healing are beyond comprehension. John F. Barnes, PT, graduated from the University of Pennsylvania as a Physical Therapist in 1960 and he holds physical therapy licenses in Pennsylvania, Arizona, New Jersey, Delaware, Colorado, and Hawaii. He is on the Counsel of Advisors of the American Back Society, is an Editorial Advisor of the Journal of Bodywork and Movement Therapies; and is a member of the American Physical Therapy Association. John lectures internationally presenting the "John F. Barnes Myofascial Release Approach" seminar series and "Advances in Spinal Diagnosis and Treatment for the 21st Century," for the American Back Society. John F. Barnes, PT was named one of the most influential persons in the therapeutic profession in the last century, in the national Massage Magazine's featured article "Stars of the Century" and was a featured speaker presenting his Myofascial Release Approach at the American Back Society's meeting whose theme was the most important advances in health care this century.

John F Barnes, PT shares his personal journey along with patient stories of healing from chronic pain. I was so fortunate to discover this approach to Myofascial Release for myself in 2005. I had been through traditional physical therapy, chiropractic care, and another therapy center and heard those words, "sometimes the pain doesn't go away." After a few sessions of receiving the Barnes' Approach to Myofascial Release I was moving better and gaining range of motion and had less pain! I could pick my leg up without assistance! John Barnes has given the world a gift. This book shares his gift. Read it, embrace it, find a therapist at mfrtherapists.com. I am only one of many who have chosen to become a Myofascial Release Therapist because of the impact of this manual therapy upon us personally. This is life changing on so many levels. If you have chronic pain you need this book and you need John F Barnes, PT Myofascial Release.

[Download to continue reading...](#)

Myofascial Release, Healing Ancient Wounds: The Renegade's Wisdom Renegade Atlas: An Intergalactic Space Opera Adventure (Renegade Star Book 2) The Torment of Renegade X (Renegade X, Book 3.5) The Rise of Renegade X (Renegade X, Book 1) The Trials of Renegade X (Renegade X, Book 2) The Betrayal of Renegade X (Renegade X, Book 3) The Haunting of

Renegade X (Renegade X, Book 2.5) A New American Acupuncture: Acupuncture Osteopathy - The Myofascial Release of the Bodymind's Holding Patterns Myofascial Release (Hands-On Guides for Therapists) Direct Release Myofascial Technique: An Illustrated Guide for Practitioners, 1e Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Release Your Pain: Resolving Repetitive Strain Injuries with Active Release Techniques Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Healing the Wounds of Sexual Addiction When the Past Is Present: Healing the Emotional Wounds that Sabotage our Relationships

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)